

# WHAT IS A DISCIPLESHIP GROUP?

A discipleship group is a closed group of 3-5 people who meet for a focused season of intentional spiritual growth with the intent to multiply at the end of that season.

# WHAT TO EXPECT?

The graphic to the right shows how group members commit to habits of abiding together to develop the heart of a disciple, resulting in holistic fruit of in all five spheres of life.

## THE HABITS OF ABIDING

(SITTING WITH THE LORD)

- Prayer Habits - Praying alone and together
- Bible Habits - Study and Memorization
- Fellowship Habits - Mutual Enjoyment and Exhortation
- Repentance Habits - Confessing and Turning from Sin

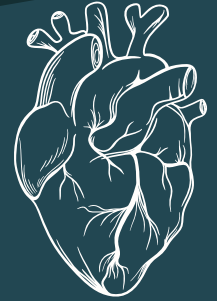


To Develop...

## THE HEART OF A DISCIPLE

(LOVING THE LORD)

3D Heart: Dependence on Christ, Devotion to Christ, Delight in Christ



Resulting in...

## HOLISTIC FRUIT

(WALKING WITH THE LORD)

Next Steps in All Five Spheres of Life: Personal, Family, Church, Community, World



## DISCIPLESHIP GROUP COMMITMENT

I, along with the other members of this group commit to:

- Giving ourselves fully to the Lord as we anticipate his work of spiritual transformation.
- Communicating with the other members of this group weekly
- Meeting at the scheduled times through the end of the agreed upon season ( \_/\_/ ).
- When I am unable to meet, I will notify the other group members ahead of time.
- Committing to the agreed-upon habits of abiding in Christ:
  - **Prayer Habits:**  
What: \_\_\_\_\_ When: \_\_\_\_\_
  - **Word Habits:**  
Study - What: \_\_\_\_\_ When: \_\_\_\_\_  
Memory - What: \_\_\_\_\_ When: \_\_\_\_\_
  - **Fellowship Habits:**  
Meeting - What: \_\_\_\_\_ When: \_\_\_\_\_  
Ongoing Connection - What: \_\_\_\_\_ When: \_\_\_\_\_
  - **Repentance Habits:**  
What: \_\_\_\_\_ When: \_\_\_\_\_
- Contribute to a group atmosphere of discretion, honesty, and transparency.
- Pray regularly for other members of my Discipleship Group.
- Pray and look for others to invite into a new Discipleship Group when this one is over.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## MEETING RHYTHM

(Write out the time to be devoted to each meeting element)

**Total Time:**

### Meeting Elements to Consider:

Catch-up Time, Follow-up from Habits of Abiding, 3D Heart Check-up, 5-Sphere "Next Steps" Accountability, Prayer for one another

**MEETING DATES:**

**PEOPLE WE ARE PRAYING FOR IN THE NEXT DISCIPLESHIP GROUP MULTIPLICATION:**